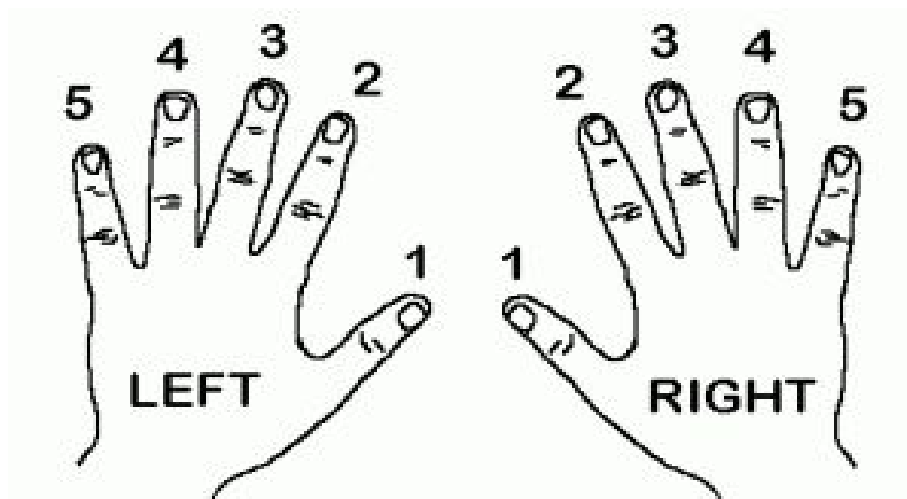


# Finger Exercises:



Always start with C and continue →

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## 1. Basic Finger Movement

**LH:** 543 and back

**RH:** 123 and back

Try it continuously | Try it **BH** together

**LH:** 54321 and back

**RH:** 12345 and back

Try it continuously | Try it **BH** together

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## 2. Scales

**LH:** 54321,321 and back

**RH:** 123,12345 and back

Don't forget to slide fingers 1&3 | Try it **BH** together (HARD!)

**LH:** 54321,321,4321,321 and back **RH:** 123,1234,123,12345 and back

Don't forget to slide fingers 1&3 | Try it **BH** together (SUPER HARD!)

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## 3. Chords

**LH:** 531 and back

**RH:** 135 and back

Try playing all 3 fingers together | Try it **BH** together

**LH:** 53→2→→1 and back

**RH:** 1→2→3→5 and back

Try playing all 4 fingers together | Try it **BH** together

**LH:** 53→2→→1,3→2→→1 and back **RH:** 1→2→3,1→2→3→5 and back

Don't forget to slide fingers 1&3 | Try it **BH** together